

Trainingschema Cartouche
 Versie: 25/06/2020
 Seizoen: 2020 - 2021

- Legenda:
- KEEPER
 - TOPHOCKEY
 - SENIOREN
 - BREIDSTE
 - EXTERN
 - TRIM
 - CIRCUIT
 - FACULTATIEF

	Veld 1 (water)	Veld 2 (water)	Veld 3 (zand)	Veld 4 (water)	Veld 5 (seem)	Miniveld 1	Miniveld 2
16:00-16:15							
16:15-16:30	E CIRCUIT (ongepast) 1e Jaars (5 teams) TZw / TW / FSB / Bvd / THu / THu / TSe / Ew	E CIRCUIT (mixste) 1e Jaars (5 teams) AvdB / VBA / EVu / Mv / Cdo / Mv / Mv / Mv / Mv / Mv / Mv / BvdK / BvdK	NOVUM	D-Circuit SBB (onenen-teams) ADM coördinator: Adm trainers: Adw / PSc / Avr / Ldr / Cw / Mv / Mv / Tza / Bm / Mv / Ew / Mv / Pv / Bvd / Bvd / Mv	NOVUM	SMALLSTEPS	SMALLSTEPS
16:30-16:45							
16:45-17:00							
17:00-17:15							
17:15-17:30	E CIRCUIT (ongepast) 2e Jaars (4 teams) TZw / TW / FSB / Bvd / THu / THu / TSe / Ew	E CIRCUIT (mixste) 2e Jaars (4 teams) Kw / LTY / Cw / Mv / Mv / Mv / Mv / Ew / Ew / Ew / Ew / Ew / Ew / Ew	GoodFysio	D-Circuit SBB (even-teams) ADM coördinator: Adm trainers: Sbb / Pw / Bvd / Bvd / Mv / Mv / Mv / Mv / Mv / Mv / Mv / Mv / Mv	MC3 Mv		
17:30-17:45							
17:45-18:00							
18:00-18:15							
18:15-18:30							
18:30-18:45	JB1 Mv / Sbb	JC1 Pw	KC2 Qw / TvR Mv	MC1 Ruk / Mv	MC2 Bb / Jha	MC3 Gvd / Sbb	JM4 Mv
18:45-19:00							
19:00-19:15							
19:15-19:30							
19:30-19:45							
19:45-20:00		MA2 Mv	MB2 Bk / Fdo	MA3 Mv	JAC Ddo	MA4 Hd	JB3 Mv
20:00-20:15							
20:15-20:30	MA1 Mv / Sbb						
20:30-20:45							
20:45-21:00		JA3 Nst	D3	TRIM (soms wedstrijf)	TRIM Mv	TRIM (soms wedstrijf)	HTS 14.21.28 sept en 5 okt. andere dagen v's voor wedstrijf trimmes
21:00-21:15							
21:15-21:30							
21:30-21:45							
21:45-22:00							
22:00-22:15							
22:15-22:30							
22:30-22:45							

	Veld 1 (water)	Veld 2 (water)	Veld 3 (zand)	Veld 4 (water)	Veld 5 (seem)	Miniveld 1	Miniveld 2
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16:15-16:30							
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22:30-22:45							

	Veld 1 (water)	Veld 2 (water)	Veld 3 (zand)	Veld 4 (water)	Veld 5 (seem)	Miniveld 1	Miniveld 2
14:00-14:15							
14:15-14:30							
14:30-14:45							
14:45-15:00							
15:00-15:15							
15:15-15:30	E CIRCUIT 1e jaar JE	E CIRCUIT 1e jaar ME		F CIRCUIT 1e jaar	NOVUM		
15:30-15:45							
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21:45-22:00							
22:00-22:15							

	Veld 1 (water)	Veld 2 (water)	Veld 3 (zand)	Veld 4 (water)	Veld 5 (seem)	Miniveld 1	Miniveld 2
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	Veld 1 (water)	Veld 2 (water)	Veld 3 (zand)	Veld 4 (water)	Veld 5 (seem)	Miniveld 1	Miniveld 2
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